



APPLE THINS



SERVINGS:
3



TIME:
10 MINS



DIFFICULTY:
EASY



COST:
££££

Ingredients:

- 1 medium/large apple
- 1 tsp of your chosen filling, e.g. cream cheese or smooth nut butter

Method:

1. Cut the apples either side of the core into roughly 5mm thick slices and pair up the similar sizes
2. Spread the apple slices with your chosen filling and sandwich together
3. Use a small cookie cutter to cut out the centre of the apple sandwich (optional)

Top Tip: During the summer you can pop your apple slices in the freezer for a cooling snack.