



## Pea Shoot Hair

**Step 1-** Find a paper cup or plastic container (e.g. a yoghurt pot) and carefully make holes in the bottom with a sharp pencil

**Step 2-** Decorate one side of your container with a funny face or character- the more colourful the better!

**Step 3-** Fill your container almost to the top with compost

**Step 4-** Push dried peas into the surface of the compost (close together). Cover with compost

**Step 5-** Water your peas until the water starts to drain out of the bottom

**Step 6-** Place a lid or foil (with a few small holes) over your container and place on a cool windowsill

**Step 7-** Check your peas everyday until you see shoots, then remove the lid/ foil

**Step 8-** Stand your container on a small saucer or bowl and place on a sunny windowsill

**Step 9-** When the shoots are about 5cm long, use scissors or snap them off carefully with your fingers.

**Tip:** leave some of the green shoots and leaves, as the plant will need these to grow more delicious shoots for you to pick in a few days time!