



## Grow Herbs Indoors

### Which herbs grow best indoors?

- Basil, Chives, Mint, Thyme, Oregano, Rosemary

### What do I need?

- Your chosen herb seeds
- A windowsill or spot with good sunlight
- Soil
- A 6 inch pot/ container with small holes in the bottom or a larger container if you plan to plant a number of herbs

### How do I grow herbs?

**Step 1-** plant your seeds in the soil

**Step 2-** place your container in the brightest place of your home (they like at least 6 hours of sunlight a day)

**Step 3-** Water your herbs regularly:

- Basil, chives and mint need to be watered 3-4 times a week (If the leaves wilt or turn yellow, water a little less)
- Thyme, rosemary and oregano need to be watered 1-2 times a week (If the leaves start to brown water a little more)

**Step 4-** watch your herbs grow!

**Step 5-** use scissors to carefully remove the leaves just before you intend to use them.