



Valentine's Day Recipe

Strawberry Breakfast Muffins

Ingredients

- 175g self-raising flour
- 50g caster sugar
- 2 medium eggs
- 3 tbsp of vegetable oil
- 150ml of natural yoghurt
- 100g strawberries, sliced

Method

1. Preheat the oven to 200 C and line a 12 x hole muffin tin with paper cases
2. Place all the ingredients, except the strawberries, in a bowl and mix with a wooden spoon. Do not over mix
3. Add the sliced strawberries and mix in gently
4. Add a tablespoon of muffin batter into each paper case
5. Bake in the oven for 15 to 20 minutes or until well-risen and golden

These are perfect to serve at breakfast. You can adapt by using fruit that is in season