



Valentine's  
Day  
Recipe

## Fabulous Fruity Heart

### Ingredients

- 5-6 tangerines
- Small punnet of raspberries

### Method

1. Peel and segment the tangerines
2. Start creating the outside heart shape by overlapping the tangerine segments around the edge of your plate/ board
3. Now create the middle heart by overlapping the tangerine segments from the centre of the heart outline
4. Now use the raspberries to fill in the gaps between the inner and outer tangerine hearts.



**This is a great snack recipe for early years setting!**



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