



## Little Green Fingers

## Gardening Activities

Gardening and crafts are a great way for children to learn more about nature! Here are some of our favourite seeds to grow and crafts to make

### Easy- to- Grow Seeds

- Sweet Peas, Sunflowers
- Cress, Carrots, Potato

### Equipment

- Soil • Container/ pot
- Watering can

### Other Activities

#### Make a crown from leaves or petals

- Use a strip of cardboard to fit around your little ones head- stick the leaves collected from your walks to the cardboard



#### Make a bird feeder

- Recycle a milk container- make holes at the bottom- add bird seeds and hang from a tree



#### Make a garden diary

- Write or draw the changes you notice in the garden/ park each month- e.g. the colours, flowers, leaves, animals

