



Apple Thins

Ingredients (makes 2)

- 1 medium/ large apple
- 1 tsp of your chosen filling, e.g. cream cheese or smooth nut butter

Method

- 1) Cut the apples either side of the core into roughly 5mm thick slices and pair up the similar sizes
- 2) Spread the apple slices with your chosen filling and sandwich together
- 3) Use a small cookie cutter to cut out the centre of the apple sandwich!

