

Caring for Babies and Toddlers

At **Early Start Education Ltd (Early Start)** we care for children under the age of two and ensure their health, safety and well-being through the following: EYFS: 3.47, 3.48, 3.54, 3.57, 3.58, 3.59, 3.60, 3.64, 3.73

- Children under the age of two have a separate dedicated baby room and are cared for in a small group. We ensure that younger children have opportunities to have contact with older children including some mixed indoor and outdoors sessions
- At least half of the staff team caring for children under the age of two will have undertaken specific training for working with babies. Early Start use the Five to Thrive model (Kate Cairns Associates) for baby development.
- Care is taken to ensure that babies and toddlers do not have access to activities containing small pieces, which may be swallowed or otherwise injure the child
- The environment and equipment are checked daily before the children access areas. This includes checking the stability of cots and areas around, low/highchairs and ensuring restraints on these, pushchairs and prams are intact and working and checking outdoor spaces
- All doors are fitted with viewing panels and door finger-guards to ensure the safety of children
- Outdoor shoes are removed or covered when entering the baby and toddler area(s). Staff remind parents and visitors to adhere to this procedure
- Babies and toddlers have their nappies changed according to their individual needs and requirements by their key person wherever possible. Please refer to the Nappy Changing policy
- Information will be shared between parents and the key person about nappy changing and toilet training in a way that suits the child
- Potties are washed and disinfected after every use. Changing mats are wiped with anti-bacterial cleanser before and after every nappy change
- Each baby must have his/her own bedding which is washed at least weekly and when necessary
- Cot and Dream Coracle mattresses meet safety standards: Conform to BS 8509:2008+A1:2011 and BS 1877-10:2011
- Children under two years are not be given pillows, cot bumpers or any soft furnishings in order to prevent risk of suffocation
- We follow all sudden infant death syndrome (SIDS) prevention/safety guidelines and advise parents of this information. Babies are always laid to sleep on their back, with their feet touching the foot of the cot. See SIDS policy.
- Sheets or thin blankets will come no higher than the baby's shoulders, to prevent them wriggling under the covers. We make sure the covers are securely tucked in so they cannot slip over the baby's head

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- Cots and Dream Coracles are checked before use to ensure no items are within reach i.e. hanging over or beside the cot (e.g. fly nets, cables)
- All mealtime chairs used for feeding are fitted with restraints and these are used at all times. Restraints are removed and washed weekly or as needed
- No child is ever left unattended during nappy changing time
- Babies are never left propped up with bottles as it is both dangerous and inappropriate
- Babies sleeping outside have cat/fly nets over their prams and prams must lie flat so children are supported
- Sleeping children are supervised at all times
- Checks on sleeping babies are completed every 10 minutes. This may increase to five minutes for younger babies and or new babies. Checks are documented with the time and staff initials on the sleep check form
- Staff do not change nappies whilst pregnant until a risk assessment has been discussed and conducted. Volunteers / Students only change nappies with the support and close supervision of a qualified member of staff
- Where food/milk is prepared for babies there is a separate area within the kitchen which is specifically designated for this preparation
- Bottles of formula milk are only made up as and when the child needs them. These should be cooled to body temperature, which means they should feel warm or cool, but not hot, and should be tested with a sterilised thermometer to ensure they are an appropriate temperature for the child to drink safely. Refer to the How to make up baby formula policy
- Following the Department of Health guidelines, we only use recently boiled water to make formula bottles (left for no longer than 30 minutes to cool). We do not use cooled boiled water that is reheated
- Bottles and teats are thoroughly cleaned with hot soapy water and sterilised after use (they will not be washed in the dishwasher). Refer to the Sterilising Baby Bottles policy
- Contents of bottles are disposed of after two hours
- All Early Start nurseries are signed up the UNICEF Baby Friendly initiative (Breastfeeding) and as such mothers who wish to breastfeed their babies may do so anywhere on site. An area will be made is available for mothers who wish to breastfeed their babies or express milk in private
- Labelled mothers' breast milk is stored in the fridge
- If dummies are used they will be cleaned and sterilised. This also applies to dummies which have been dropped. See dummy policy
- All dummies are stored in separate labelled containers to control for the risk of cross-contamination
- Sterilisers are washed out and cleaned daily. Refer to the Sterilising baby bottles guidance
- Children transfer to the older age group when assessed as appropriate for their age/stage following our agreed transition and settling procedures.