



Easy Easter Cupcakes

These super simple banana cupcakes make for a fantastic baking activity to get little ones involved with! They'll love helping to weigh, stir and pipe the ingredients. This recipe is lower in sugar than normal cupcakes and uses cream cheese and nut butter for the toppings

Ingredients- makes 6

- 125 wholemeal flour
- 3 tbsp sugar
- 2tsp baking power
- 1 medium egg
- 50g plain yoghurt
- 50ml rapeseed oil
- 2 very ripe mashed bananas
- 100g cream cheese
- 100g smooth nut butter

Equipment

- Kitchen scales
- 2 mixing bowls
- Wooden spoon
- Fork
- Cupcake cases
- Cupcake baking tin

Recipe Method

- 1) **Parent:** pre-heat the oven to 200C/ 180C Fan/ Gas 6
- 2) **Child:** pop the cupcake cases into the cupcake tin
- 3) **Child and parent:** add the flour, sugar and baking powder to a mixing bowl and stir until fully combined. Add the egg, yoghurt and oil to the other mixing bowl and beat together
- 4) **Child and parent:** make a well in the flour mix and pour in the egg mix. Stir to fully combine. Now gently stir in the mashed banana
- 5) **Child and parent:** evenly spoon the mixture into the cupcake cases
- 6) **Parent:** place the cupcakes into the oven and bake for around 20-30 minutes. Insert a skewer or clean knife into the centre of a cupcake- it should come out clean. Transfer the cupcakes onto a wire rack to cool.
- 7) **Child and parent:** mix together the nut butter and cream cheese. If you have a piping bag, use this to pipe the topping onto the cooled cupcakes. Alternatively, spoon the topping onto the cupcakes and use a knife to create a swirl effect. If you have any extra banana, slice and add to the top of your cupcakes!

Tip: you don't have to combine the nut butter and cream cheese. Use them as toppings on their own if you prefer!

Opportunities for Learning

Develop cooking skills: measuring, mashing, mixing and piping/ spreading

Learning: ask your child questions, such as:

- what numbers can you see on the scale?
- what type of flour are we using?
- what colour are the bananas?
- how many cupcake cases can you count?
- what happens when we whisk the egg?