



Gruffalo Crumble

*"But now my tummy's beginning to rumble.
My favourite food is – Gruffalo crumble!"*

This delicious fruity crumble recipe is the perfect dessert to make with your little ones. They'll love recreating this much loved character.

Ingredients

- 3 eating apples
- 1 tsp ground cinnamon
- 1 tbsp caster sugar
- 1 tbsp 100% apple juice
- 300g fresh/ frozen blackberries
- 75g unsalted butter
- 100g wholemeal flour
- 50g oats
- 50g brown sugar
- No added Gruffalo- phew!

Equipment

- Scales
- Measuring jug
- Sharp knife
- Chopping board
- 2 large mixing bowls
- Wooden spoon
- A baking dish (about 15 x 20cm)

Recipe Method

1. **Parent-** pre heat your oven to 180°C/ gas mark 4
2. **Parent and child-** peel and core the apples, then chop into little bite-size pieces. Set aside a few of the apple pieces for the decoration at the end
3. **Child-** put the chopped apples and blackberries in a large mixing bowl and add the cinnamon, caster sugar and apple juice. Give it a good stir
4. **Parent and child-** tip the fruit mixture into the baking dish
5. **Parent and child-** cut the butter into small cubes of around 1cm and add the empty mixing bowl
6. **Parent and child-** add in the flour and use your fingers to rub the butter and flour together until the mixture looks like crumbs
7. **Parent and child-** stir in the oats and brown sugar
8. **Parent and child-** sprinkle the mixture over the fruit in the baking dish
9. **Parent-** pop in the oven and cook for around 40 minutes
10. **Parent and child-** now for the Gruffalo's face! Cut out the ears, teeth and eyes of your Gruffalo from the leftover apple. Arrange on the crumble, based on our picture above. Slice a strawberry in half, or any other fruit you have in the house to make his nose. Add two raisins for eyes
11. **Serve up and enjoy!**

Opportunities for Learning

Develop cooking skills: peeling, chopping, weighing, mixing, crumbling

Learning- ask your child questions, such as:

- what colours can you see?
- what can you smell?
- what happens when we mix these two ingredients together?
- why is this food good for us?