



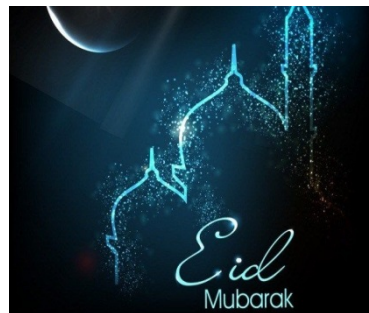
Susan Lawrence Nursery

Newsletter - Summer 2019

Hello, salaam, aleikum, olyoty, shagotom and czesc to all nursery families. We hope you've enjoyed the bank holidays we've had in the last few months and are looking forward to some summer sunshine in the coming week. Fingers crossed!

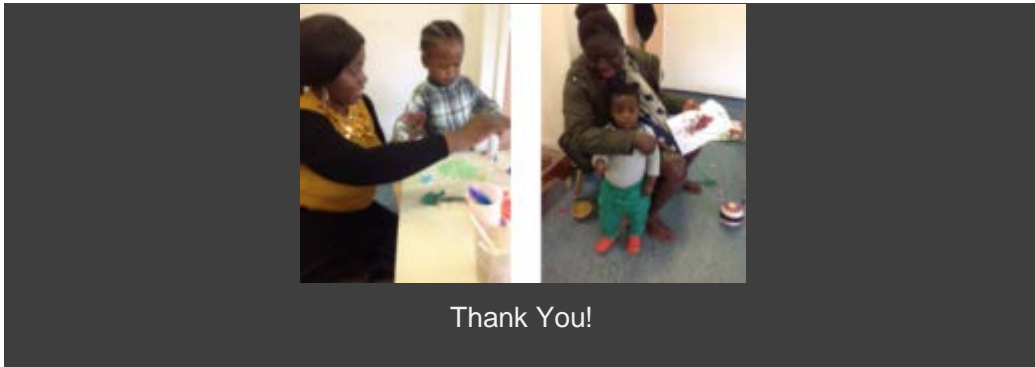
Celebrations

Eid Mubarak to everyone who celebrated the end of Ramadan in June.



Thank you to all the parents who were able to come and celebrate Mother Day with us and the children in March. The children really enjoyed the session spending "special time" in the nursery with their families.

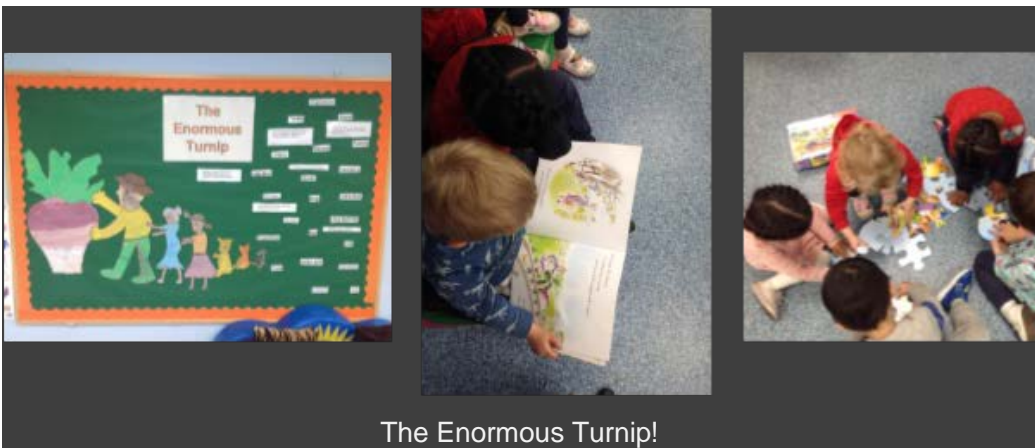




Topic of the Term

This term our topic for our toddler and pre-school children is Life Cycle and the focus book for the term is *The Enormous Turnip*. The children are enjoying lots of summer activities including growing Sweet Peas, Tomatoes and Sunflowers making sure the plants have plenty of water to help them grow.

The babies, will be learning all about transport, cars, bikes and of course buses - "the horn on the bus goes beep beep beep....."



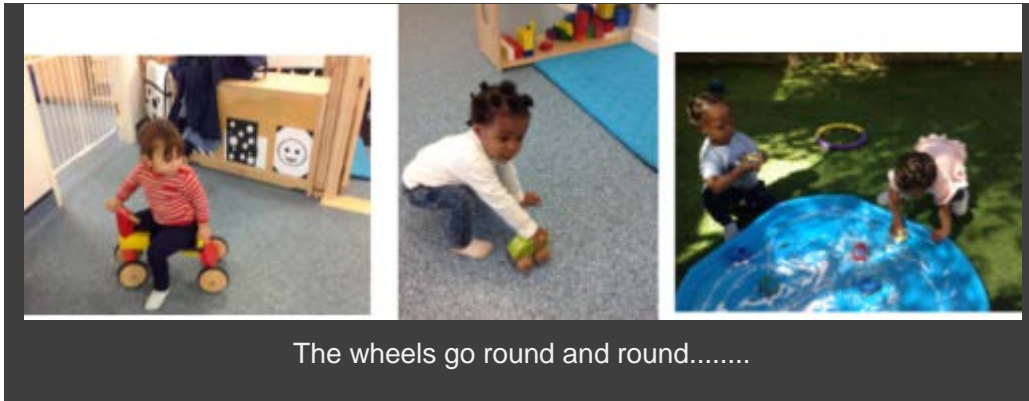
Exploring Animals & Bugs



And some.....



Look at our garden grow!!!!



Reminders

- If your child is leaving in July, please ensure you have given your one months notice in writing or via email (slnursery@earlystartgroup.com).
- As the weather is getting warmer, please ensure your child is provided with a sun hat and sun cream (clearly labelled with their name). On especially hot days, please ensure children have had sun cream applied before attending the setting.
- Please do ensure you arrive a few minutes before the end of your child's session, this is so we can ensure you receive thorough feedback on their time in nursery.

Events / Festivals / Celebrations

June: On Thursday 6th June we held an Eid celebration party for all the children and their parents. Lots of special traditional outfits were worn (thank you to everyone who was able to participate).

June: On Monday 17th June we celebrated Fathers Day, thank you to all the families who joined us for the morning celebration. We hope you enjoyed your time with us. The children really enjoy the special sessions when families are able to come into the nursery.

July: On Monday 15th July we will be hosting our annual sports day for all the children. The event will be packed full of fun-filled activities for all. Please ensure your child is wearing comfortable clothing and footwear which is suitable for activities. We will also have some games for the grown-ups, so please do come along and enjoy the event!

July: On Saturday 13th July we will be holding our annual Graduation event for all our leavers moving onto school nursery or reception, details will be provided to families of those leaving. Please make sure you

and children are already in preparation mode with lots of artwork being created for the event! We will miss all our leavers greatly but know that they will thrive and grow in the next steps on their learning journey. Fond farewells to all our children.

July: Your child's key worker will be arranging the end of term Parent Meeting shortly with you. If you need to give your employer plenty of

notice to attend do let us know and we will book the date with you straight away.



Health and Wellbeing

Supervised Tooth-brushing Programme: We've been running the programme as part of our daily routine with the children in the Toddler and Pre School room for a while now. We'd love to get some feedback from you about the difference the programme might have made to you and your child at home. Do they now brush their teeth with ease, are you talking about the importance of tooth brushing, does your child tell you how and for how long to brush etc? We've been hearing some of you saying that tooth brushing is a lot easier at home, but we really need to capture that feedback for the organisers of the programme and ourselves to show the impact.

Please write a few words in the parents comments book.

The Dental Wellness Trust have been getting some national coverage, calling for the programme to be rolled out in early years settings nationwide. We are so proud to be part of the programme, supporting our

children to have good oral health -

<https://www.nurseryworld.co.uk/nursery-world/news/1167649/urgent-call-for-government-funded-toothbrushing-schemes-for-young-children>

A quick reminder of why the programme is so important and some top tips for keeping teeth, gums and mouths healthy:

Data - Public Health England:

- Poor dental health harms school readiness
- Four in 10 children have not seen a dentist in over a year, despite NHS checks being free for under 18's
- 38% of children has a sleepless night due to dental pain
- 67% of parents reported their child has had dental pain

Top Tips:

- Start brushing your baby's teeth as soon as the first milk tooth breaks through (usually at around 6 months, but it can be earlier or later).
- Parents or carers should brush or supervise tooth brushing.
- Brush teeth twice daily for about 2 minutes with fluoride toothpaste.
- Brush last thing at night before bed and on 1 other occasion.
- Use children's fluoride toothpaste containing no less than 1,000ppm of fluoride (check label) or family toothpaste containing between 1,350ppm and 1,500ppm fluoride.
- Use only a smear of toothpaste (pea size for over 3 years).
- Spit out after brushing and don't rinse – if you rinse, the fluoride won't work as well.

Immunisations: If your child is over 3 years and 4 months and hasn't had their Pre School Booster please contact your GP to book an appointment. For further information on the Pre School Booster you can pick up a leaflet in the reception area.

Health Eating Award: We're excited to be working towards achieving the Early Start Nutrition service Bronze Award for Healthy Eating. We're particularly proud that Ofsted described our positive eating environment, citing this as an Outstanding area (PSED) at the recent inspection. We will continue to build on this as we work towards our Bronze Award.

Look out for our new notice boards with tips on healthy eating, suitable drinks and physical activity for under fives. In the meantime you can visit the Nutrition page on our website <https://www.earlystartgroup.com/nutrition/> or <https://www.nhs.uk/change4life/>



Staff News

We would like to officially welcome Moriam to the Nursery. Moriam has been with us since March and is the Senior Practitioner in the Toddler and Pre School room.

We have sadly said goodbye to Samira the Nursery Deputy Manager who left recently, we wish her all the best in her next endeavours.



You may also have noticed that we are often joined by Pippa. Pippa has worked for Early Start for many years in a range of roles and has recently taken up the role of Programme Director of the Nursery.

Term Dates:

Summer term end (term time children)

26th July 2019

Autumn term starts (term time children)

2nd September 2019

Thank you for your on-going and continued support!
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