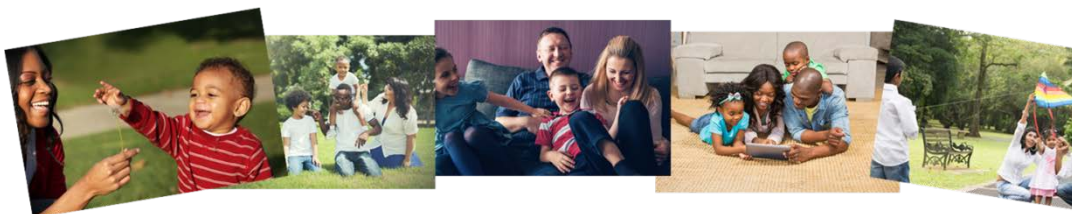




# Susan Lawrence Nursery

## Newsletter - Summer 2019

Welcome to all our new families,  
Welcome back to all our existing families  
and  
Welcome to the Autumn Term to everyone!



### Topic of the Term

This term our topic for our toddler and pre-school children is Me, Myself and I (All About Me). We'll be exploring our five senses (touch, sight, hearing, smell and taste), body parts, families and the world around us. There will be lots of mess, fun and learning for everyone!

The focus books of the term for the Toddler and Pre School Room will be; I like myself and Hats off to Hair.

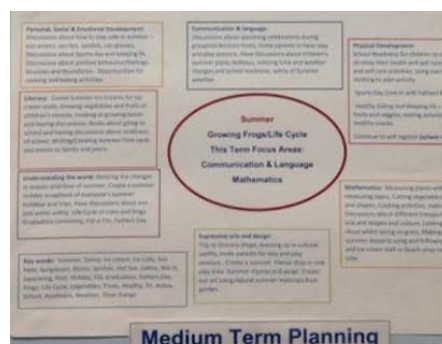
The babies, will be learning all about themselves and their senses too...Mummy, daddy, nose, sticky, cold..... The focus song and book will be Heads, Shoulder Knees and Toes.

The areas of the Early Years Foundation Stage (EYFS) we'll be focusing

on in particular over the term will be Maths and Understanding the World. With lots of fun games and activities using numbers, counting, experimenting and so much more to explore maths and science.



We have been making lots of changes to our notice boards inside and outside the rooms. Our new Curriculum board can be found on the ground floor and provides information on what activities we are doing each week. Please do take a look....



## Reminders/Information

- Please do ensure you arrive a few minutes before the end of your child's session, this is so we can ensure you receive thorough feedback on their time in nursery.
- If you are going to be late you **must** let us know (we do understand there are days due to certain circumstances you may be late) so please inform us via phone call and let us know what time you expect to arrive. Please do be advised that late fee's will apply.
- When entering the building you will be asked and need to tell

us if other parents or anyone else is coming in with you, as we will need to identify who is entering the building/nursery due to safeguarding.

- Please ensure you keep your child's details up to date, so if you've changed your telephone number, moved house etc you'll need to let us know.
- Our Inset day for the coming term has been arranged for Monday 28th October 2019. The setting will be closed for the whole day and you will need to make other childcare arrangements.
- If you intend to leave the nursery (1 months notice is required), wish to change your hours etc...you will need confirm your request via our website using the link below. Please do have a verbal conversation first with one of the management team, but it must be confirmed via the request to change nursery hours link.

<https://www.earlystartgroup.com/nurseries/request-to-change-nursery-hours/>

### **Events / Festivals / Celebrations**

**October:** We'll be hosting a Diwali Party - dates and times will be advised nearer to the event. Celebrating Black History Month with a range of activities across the month. We are closed on Monday 28th October for the nursery training day.

**November:** We'll be explaining Fire Work night with lots of craft activities for the children.

**December:** There will be a Christmas Jumper Day and our annual Christmas Party - dates and times will be advised nearer to the event.

### **Health and Wellbeing**

**Supervised Tooth-brushing Programme:** We're really really excited to let you know that we are a finalist of the Nursery World Awards 2019 in the Health and Wellbeing category for this programme. Massive **well**

**done to everyone** for all their hard work on the programme, the winners will be announced on Saturday 28th September, please wish us luck.

As a reminder, the Top Tips for tooth brushing are:

- Start brushing your baby's teeth as soon as the first milk tooth breaks through (usually at around 6 months, but it can be earlier or later).
- Parents or carers should brush or supervise tooth brushing.
- Brush teeth twice daily for about 2 minutes with fluoride toothpaste.
- Brush last thing at night before bed and on 1 other occasion.
- Use children's fluoride toothpaste containing no less than 1,000ppm of fluoride (check label) or family toothpaste containing between 1,350ppm and 1,500ppm fluoride.
- Use only a smear of toothpaste (pea size for over 3 years).
- Spit out after brushing and don't rinse – if you rinse, the fluoride won't work as well.
- And don't forget to register with a Dentist as soon as baby's first tooth appears and no later than 9 months.

**Health Eating Award:** The team have been working hard over the summer on the award and things are progressing well. We've had some initial feedback on our menu which is really positive! You can now see this displayed in the main area on the group floor. The menu is on a three week cycle and ensures that we are meeting all the requirements of the award criteria and children's nutritional needs. We continue to build on our positive eating environment (Ofsted described our positive eating as an Outstanding area (PSED)).

Look out for our new notice boards with tips on healthy eating, suitable drinks and physical activity for under fives...coming soon. In the meantime you can visit the Nutrition page on our website <https://www.earlystartgroup.com/nutrition/> or <https://www.nhs.uk/change4life/>

### **Staff News / Update**

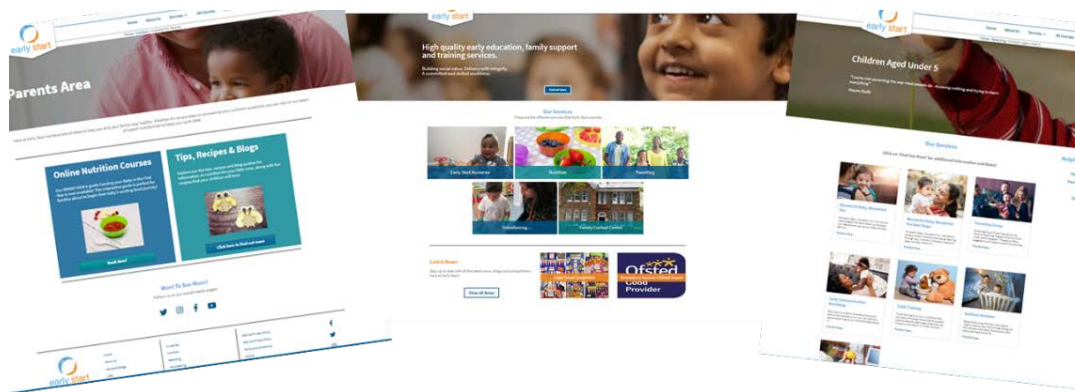
As you may have noticed before the summer break, Maz Georgiou - Nursery Manager returned following her maternity leave. Maz is in on Monday and Friday every week, both Maz and Martina work in partnership on those days to meet the needs of the Nursery. Welcome back Maz!!!

We have also been joined by Raika Channan our Baby Room Apprentice, who makes a welcome addition to our Nursery - Welcome Raika!!!

Shortly we will be saying farewell to Rojiya who will be going off on Maternity Leave in October and welcoming Raheela who will be joining us from Monday 16th September.

We have said goodbye to Sophia who left recently and we wish her all the best.

We have also been joined by the Early Start Parenting and Nutrition Team who are now based in our office space upstairs. Please see our staff board for pictures and information. It's really great to have more people in the building and enable us to build a greater relationship with these teams which will benefit all our children and families. If you're interested in finding out more about the team's and the services they offer to parents/families and professionals please do take a look at their pages on our website. As a minimum they offer; parenting classes (free to Newham families) across Newham including, Triple P, Potty Training, Baby Massage, on-line weaning courses and much more.....



### Term Dates:

Autumn term starts (term time children)  
2nd September 2019

Half term break (term time children)  
21st October 2019 to 25th October 2019

Inset training day (ALL CHILDREN)  
**Nursery CLOSED 28th October 2019**

Autumn term end (term time children)  
13th December 2019

Thank you for your on-going and continued support!  
Please follow us on Facebook and or Instagram, click on links below or  
search Early Start Group

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