



Shrewsbury Nursery

Newsletter - Autumn 2019

Welcome to all our new families,
Welcome back to all our existing families
and
Welcome to the Autumn Term to everyone!



We hope you've all had a lovely summer and been able to make the most of the great weather we've been having. We'd love you to share all the fun and exciting activities you did over the Summer!

You can email us on:

SBnursery@earlystartgroup.com



[Click here to email](#)

Topic of the Term

This term we're focusing on activities related to Me, Myself and I (All About Me). We'll be exploring our five senses (touch, sight, hearing, smell and taste), body parts, families and the world around us. There will be lots of mess, fun and learning for everyone!

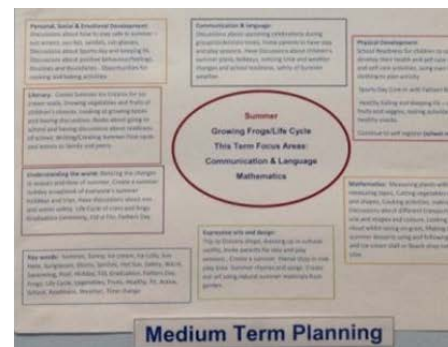
The areas of the Early Years Foundation Stage (EYFS) we'll be focusing on in particular over the term will be PSED (Personal Social and Emotional Development) and C&L (Communication & Language).

The focus books and songs of the term for the Toddler and Pre School Room will be; Head, Shoulders, Knees and Toes, Owl Babies, My Senses and the Okey Dokey. In the Baby Room they will be focusing on Heads, Shoulder Knees and Toes and the Okey Dokey too, plus Here We Go Round and Round the Mulberry Bush.



Our weekly/focus planning is displayed outside of each room for parents to view, so you can see what the children are doing every week.

Please have a read of our Medium Term Plan and EYFS / Learning Journey Display



Stay & Play Session

We introduced a Stay & Play session (last term) for parents to attend providing you with an opportunity to join in the session, carry out an activity with your child or to share your profession or hobby with the children. It is a great way for you to spend time with your child and their peers and for the setting to work in partnership with you.

So far we have had; A dance session, planting fruits and vegetables pots and a parents drop to spend time in the session. You can book your session with a member of staff in the classroom or with Farzana or Zoinab.



Reminders/Information

- Ensure your child is collected 10 mins before home time, so feedback can be given thoroughly to you.
- If you are going to be late you **must** let us know (we do understand there are days due to certain circumstances you may be late) but please inform us via phone call and let us know what time you expect to arrive. Please do be advised that later fee's will apply.
- When entering the building you will be asked and need to tell us if other parents or anyone else is coming in with you, as we will need to identify who is entering the building/nursery due to safeguarding.
- Please ensure you keep your child's details up to date, so if you've changed your telephone number, moved house etc you'll need to let us know.
- Our Inset day for the coming term has been arranged for Monday 28th October 2019. The setting will be closed for the whole day and you will need to make other childcare arrangements.
- If you intend to leave the nursery (1 months notice is required), wish to change your hours etc...you will need confirm your request via our website using the link below. Please do have a verbal conversation first with one of the management team, but it must be confirmed via the request to change nursery hours link.
 - <https://www.earlystartgroup.com/nurseries/request-to-change-nursery-hours/>

Events / Festivals / Celebrations

September: We're pleased to announce further to our Ofsted Inspection we have been rated as a Good setting overall and in all areas assessed. Please visit our webpage for the link to the report.

October: We'll be hosting a Diwali Party - dates and times will be advised nearer to the event. Celebrating Black History Month with a range of activities across the month. We are closed on Monday 28th October for the nursery training day.

November: We'll be explaining Fire Work night with lots of craft activities for the children.

December: There will be a Christmas Jumper Day and our annual Christmas Party - dates and times will be advised nearer to the event.

Health and Wellbeing

Supervised Tooth-brushing Programme: We've been running the programme as part of our daily routine with the children in the Toddler and Pre School room for a while and are looking to extend into the baby room. We'd love to get some feedback from our returning families about the difference the programme might have made to you and your child at home. Do they now brush their teeth with ease, are you talking about the importance of tooth brushing, does your child tell you how and for how long to brush etc? We've been hearing some of you saying that tooth brushing is a lot easier at home, but we really need to capture that feedback for the organisers of the programme and ourselves to show the impact.

Please write a few words in the parents comments book.

The Dental Wellness Trust have been getting some national coverage, calling for the programme to be rolled out in early years settings nation wide. We are so proud to be part of the programme, supporting our children to have good oral health -

<https://www.nurseryworld.co.uk/nursery-world/news/1167649/urgent-call-for-government-funded-toothbrushing-schemes-for-young-children>

We're also really really proud that we have been selected as a finalist for this programme by Nursery World in the Health and Wellbeing category.

- <https://www.earlystartgroup.com/nursery/nursery-world-awards-2019-weve-been-nominated/>

A quick reminder of why the programme is so important and some top tips for keeping teeth, gums and mouths healthy:

Data - Public Health England:

- Poor dental health harms school readiness
- Four in 10 children have not seen a dentist in over a year, despite NHS checks being free for under 18's
- 38% of children has a sleepless night due to dental pain

- 67% of parents reported their child has had dental pain

Top Tips:

- Start brushing your baby's teeth as soon as the first milk tooth breaks through (usually at around 6 months, but it can be earlier or later).
- Parents or carers should brush or supervise tooth brushing.
- Brush teeth twice daily for about 2 minutes with fluoride toothpaste.
- Brush last thing at night before bed and on 1 other occasion.
- Use children's fluoride toothpaste containing no less than 1,000ppm of fluoride (check label) or family toothpaste containing between 1,350ppm and 1,500ppm fluoride.
- Use only a smear of toothpaste (pea size for over 3 years).
- Spit out after brushing and don't rinse – if you rinse, the fluoride won't work as well.

Immunisations: If your child is over 3 years and 4 months and hasn't had their Pre School Booster please contact your GP to book an appointment. For further information on the Pre School Booster you can pick up a leaflet in the reception area.

Health Eating Award: We're excited to be working towards achieving the Early Start Nutrition service Bronze Award for Healthy Eating.

Look out for our new notice boards with tips on healthy eating, suitable drinks and physical activity for under fives. In the meantime you can visit the Nutrition page on our website <https://www.earlystartgroup.com/nutrition/> or <https://www.nhs.uk/change4life/>

Staffing Updates

Further to our last newsletter we have now said a **very** fond farewell to Syeda (Senior Practitioner) and Krystle (Nursery Manager), Raveent will also be leaving soon to head of to University. We have therefore been busy recruiting and expect that our new team members will be joining us shortly.

We are also really pleased that Farzana and Zoinab have stepped up into leading the setting on a daily basis with support from Pippa our Director of Operations.



Pippa Alabaster
Director of
Operations



Farzana Miah
Deputy Manager



Zoinab Begum
Deputy Manager

Term Dates:

Autumn term starts (term time children)
2nd September 2019

Half term break (term time children)
21st October 2019 to 25th October 2019

Inset training day (ALL CHILDREN)
Nursery CLOSED 28th October 2019

Autumn term end (term time children)
13th December 2019

Thank you for your on-going and continued support!
Please follow us on Facebook or Instagram, click on the links below or
search Early Start Group

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